

EMOTIONAL CONNECTION:

EXERCISE:

Which one describes your child best?

A

Offers us help when they notice we need it. Loves to be involved & do things for others to help them out.

B

They draw pictures for us, write us notes or create things for us & give us things.

C

Wants to sit next to us, go with us to the store when we go & enjoys time spent together.

D

Child oftentimes asks: "are you proud of me?", "do you like this?", "Is this good?" & will tell others loving words of encouragement.

E

Loves to give us hugs & kisses. Loves to sit on our lap & cuddle with us.

The way a child shows US love, is usually the way **THEY** feel loved:

YOUR CHILD'S
PRIMARY LOVE
LANGUAGE IS:

- A: Acts of service
- B: Gifts
- C: Quality Time
- D: Words of Affirmation
- E: Touch

5 Love language is a concept created by Dr. Gary Chapman

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EMOTIONAL CONNECTION: EXERCISE:

Once you determine your child's primary love language, write the things you can implement or are already doing that you can be more intentional about:

- A: Acts of service
- B: Gifts
- C: Quality Time
- D: Words of Affirmation
- E: Touch

Morning love language I will be implementing or more intentional about:

Afternoon love language I will be implementing or more intentional about:

Evening love language I will be implementing or more intentional about:
