

CONSENT: SAFETY & CONSENT:

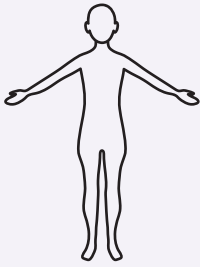
Sometimes, as parents we have no choice to do something against our child's desire due to being responsible for their wellbeing. This is important to share with them. We can also share that as they get older, they will be the one's taking more responsibility over their own safety.

Some examples of this would be:

- Giving them a medication to swallow or applying a cream that will benefit their wellbeing & health.
- Cutting their nails, washing their hair & body.
- Having their body touched by a nurse/doctor(with us by their side).
- Grabbing them from an unsafe place like the street.

When sharing that we have no choice to do something to our child's body, here is what we can do:

- Offer empathy & validation for how challenging it is for our child
- Explain with as much detail as possible everything that will be taking place
- Take pictures, if possible, to discuss & process the experience
- Ask child how we can help them have the best experience possible while going against their consent for their safety.
- Give as many options as possible within the limits.



CONSENT: Examples of scripts:

- "I know how much you hate the taste of this medicine. We have no choice right now, I have to help you take this. How do you think I can help you through this? Do you want to try mixing it with grape juice? Maybe that will remove the bitter taste. What do you think?"
- "The doctor is about to come into the room. They will have to (share the procedures that will be taking place). I know that you are the boss of your body and right now due to (explain the situation & reason for the need of procedures) we have no choice to proceed with what needs to be done. We will take the time to share with you before doing anything to your body & you can take the time needed to share when you are ready."
- "I see how much you hate washing your hair. Tonight, we have no choice to get your hair washed. How can I help you through this? Do you want to choose the shampoo? Do you want to pour the water over your hair? Do you want to wear goggles so that no water goes into your eyes?" Figure out ways together to work this out together as much as possible.
- "Let me show you on your finger how the cream feels. Here you can touch it....now I am going to put the cream right over here. You can tell me "stop" & I will pause."