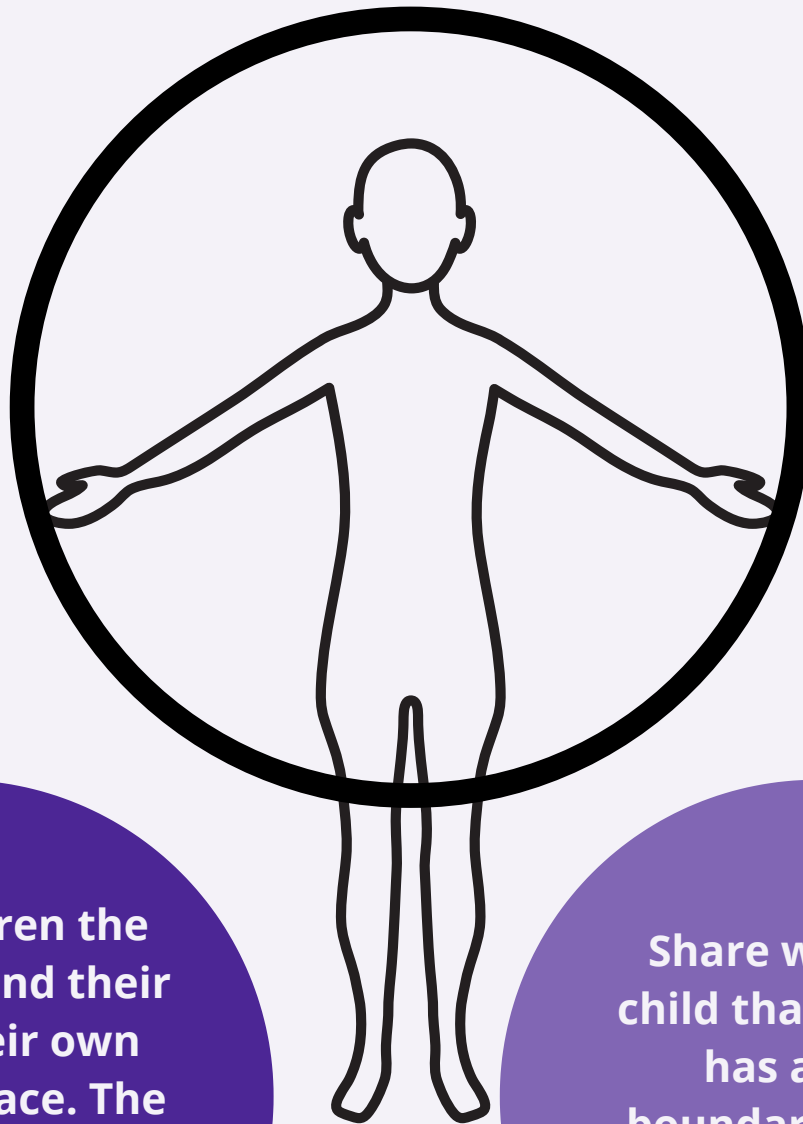


CONSENT:

TEACHING CONSENT & BODY BOUNDARIES:



Show children the bubble around their body is their own personal space. The length of our arms show us the size of our bubble.

Share with your child that everyone has a body boundary. Babies, toddlers, children, teenagers & all adults no matter their age.

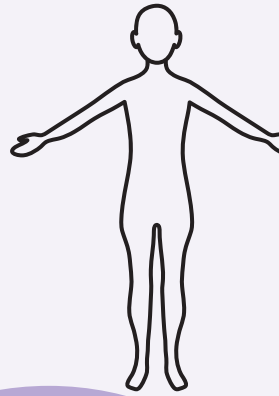
CONSENT: TEACHING CONSENT & BODY BOUNDARIES:

Children learn
*when we ask them
for their consent
& respect their
own body
boundaries.*

Play games
(examples: tickling
each other, pillow
fight etc.) to
practice sharing
body boundaries,
saying "stop" &
"no".

Playing out
different situations
& asking "what if
questions".

A child needs to
know they are never
forced to answer
"yes" or "no", they
can take their time
to think it over and
say, "I want to think
this over".



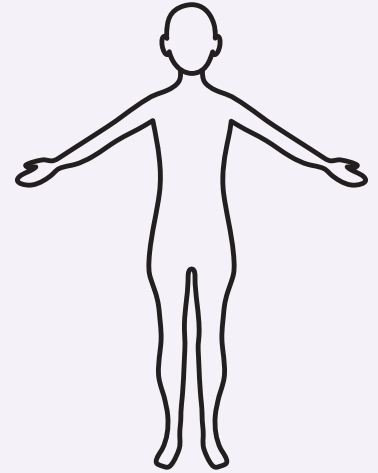
Some examples of "What if" questions:

- "What if someone sits right next to you on the couch & you don't want them to be so close to you (in your personal bubble)?"
- "What if someone tells you to give them a hug & you don't want to give them a hug!?"
- "What if someone doesn't ask to give you a kiss and just goes towards you to kiss you?"
- "What if you want to spray water on someone as a game, what would be the best way to go about this?"

CONSENT:

TEACHING CONSENT & BODY BOUNDARIES:

- ***"What if someone doesn't care that you are saying "no" & continues to do something to you even after you said "stop" or "no"?"***



Discuss with your child their **safety network**. It's recommended to have 3-5 adults that our child knows they can tell anything to & they will always be taken seriously & this person will always believe what they say.



Grand father



Mother



Neighbour