

THINGS THAT MAY IMPACT THE RELATIONSHIP BETWEEN SIBLINGS

- Punishments & Rewards
- Forced apologies
- Forced to share belongings
- Comparing & getting siblings to compete with one another
- Labeling a child (smart, clown, organized, big, baby etc.)
- Being equal with love, time & things rather than being FAIR
- Taking sides
- Saying we can't do something because of their sibling





- **Time with each child**
- Don't get trapped into constantly feeling like you must do everything all together all the time
- Schedule family meetings
- Encourage upset children to draw/write/talk to their siblings & share how they are feeling