

TEACHING THROUGH NATURAL CONSEQUENCES:

Examples of Natural Consequences:



WEATHER

- A child doesn't wear a raincoat; they get wet outside. A child doesn't wear a coat; they feel cold. A child doesn't wear shoes; they might feel how hot the floor is. **The weather is something that is out of our control.**



TIME

- A child who wants to stay longer in the bath might not have time to play after. A child who doesn't want to leave the house arrives late to the birthday party. **Time is something that naturally moves forward & is not in our control.**

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EMOTIONS

- A child keeps being hurtful to their sibling; their sibling doesn't want to play with them. A child who keeps breaking down their friend's tower, their friend doesn't want to share their blocks with them any longer. Allowing space for our children to feel what they are feeling is essential. **The emotions our child will be feeling & that others will be feeling towards them are out of our control.**

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Examples of Natural Consequences:



TOUCH

- A child who touches a cactus might get poked. A child who touches something hot might get hurt. **The way our child's body feels when touching certain things is not in our control.**



MONEY

- A child who spends all their allowance on one item may have no money to buy other things. Or when a child destroys or loses something valuable etc. **The amount of money available has limitations that are out of our control.**

TEACHING THROUGH NATURAL CONSEQUENCES:
Examples of Natural Consequences, that re
more specific for the teenage years:

EXHAUSTION

- A child who stays up very late. **The exhaustion our child's body will feel is out of our control.**

HOMEWORK

- When homework doesn't get done. **The way our child's teacher/school will navigate this is out of our control.**

A MESS

- When our child doesn't clean their room/belongings. **The mess that piles up is out of our control.**