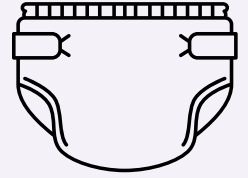


POTTY LEARNING: Signs Our Child is Ready:



Please note that throughout this course I will be using the word 'diaper' & I know some of you use the word 'nappy'.

- They are starting to remove their diaper, especially because they don't like feeling wet or dirty
- Usually announce when their diaper is dirty, they are becoming more in tune with their body
- They hide when having a bowel movement & want some privacy
- Once we prepare our child (next course will be on this) & **our child WANTS** to wear underwears/use the potty

BEING READY IS A PHYSICAL DEVELOPMENT.

BLADDER MUSCLES NEED TO BE SUFFICIENTLY DEVELOPED TO STORE URINE.

Sometimes, intellectually a child shows us that they are ready. Once we begin it doesn't go well - which could mean that their body is physically not ready. We need to drop potty learning & come back to it at a later time.

Every child will be ready at different times. Eventually all kids grow out of diapers - doesn't matter at what age they got out of them.